

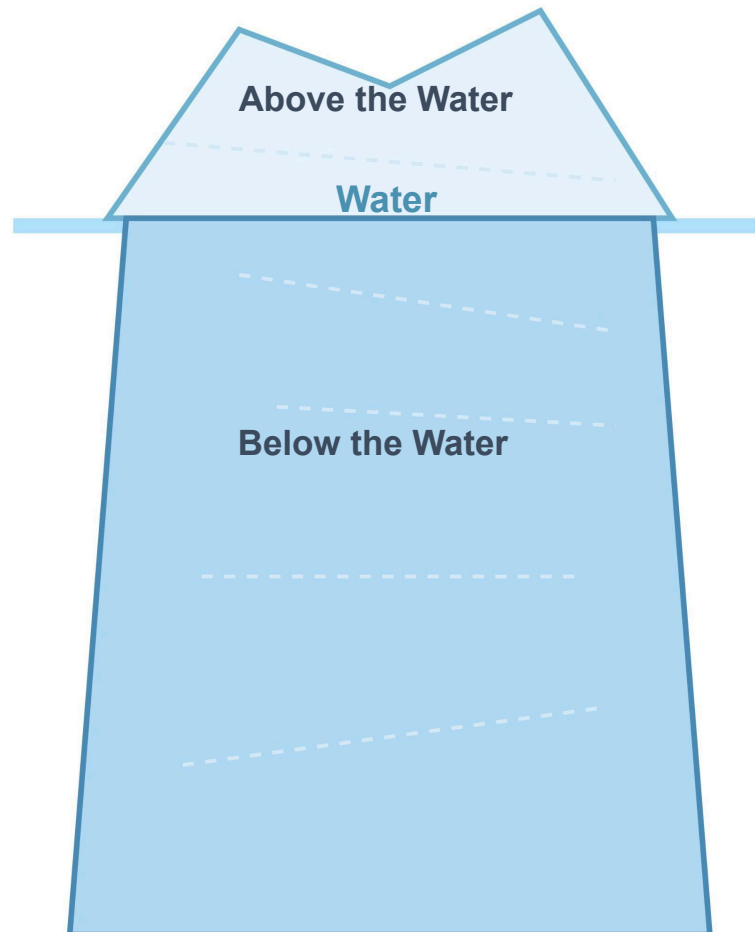
# Identity Iceberg

## Instructions:

Draw, write, or use stickers inside the iceberg.

**Above the water:** Things about you that people can see easily.

**Below the water:** Deeper things about you that are not always visible. (e.g. language, family, values, experiences, hobbies, dreams, feelings)

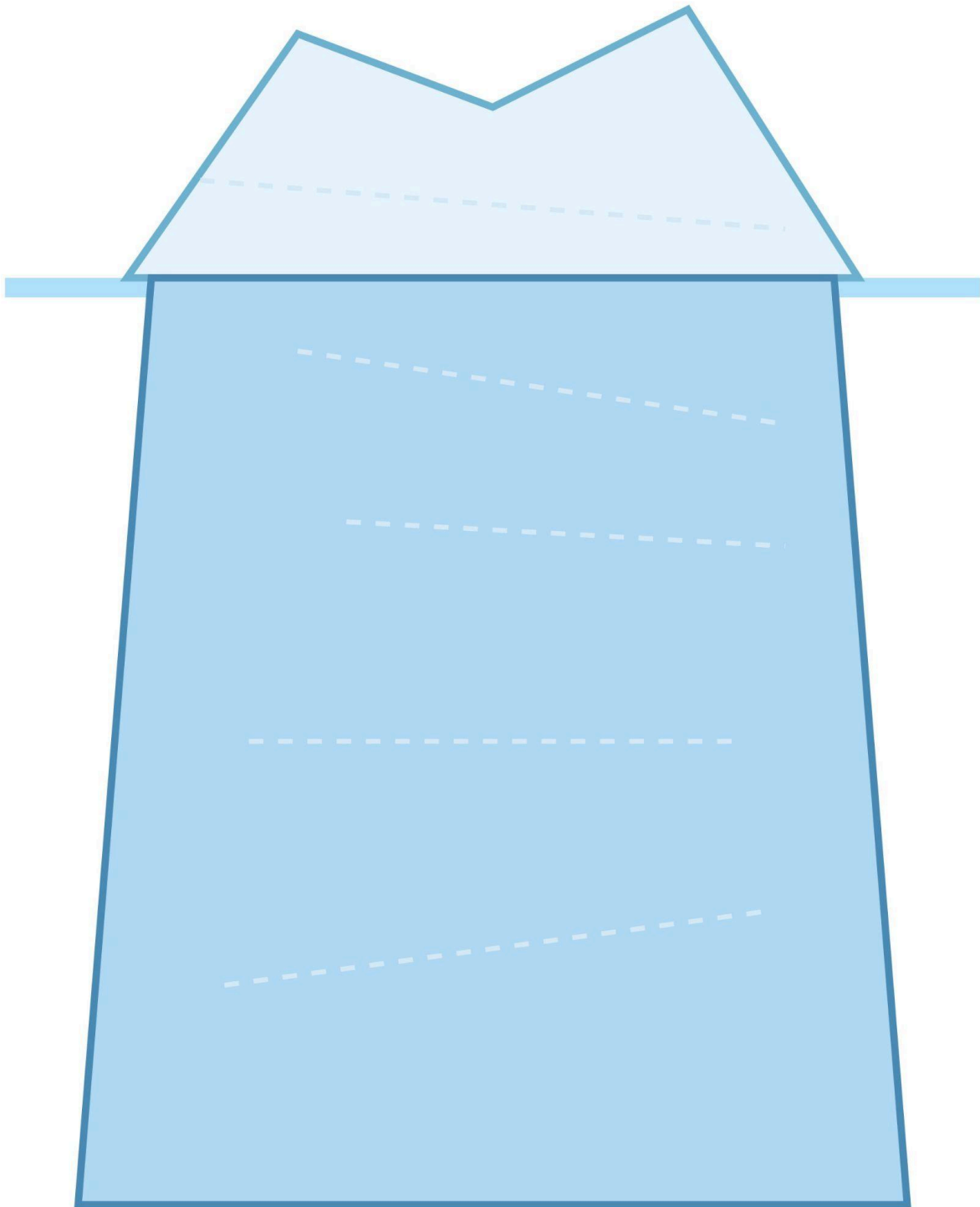


### Ideas for Above the Water:

- How you communicate (sign language, speech)
- What you look like
- Behaviors, school, clothing

### Ideas for Below the Water:

- Family, culture, identity
- Values, beliefs, dreams
- Experiences, feelings, hopes, challenges
- Important people, memories, hobbies



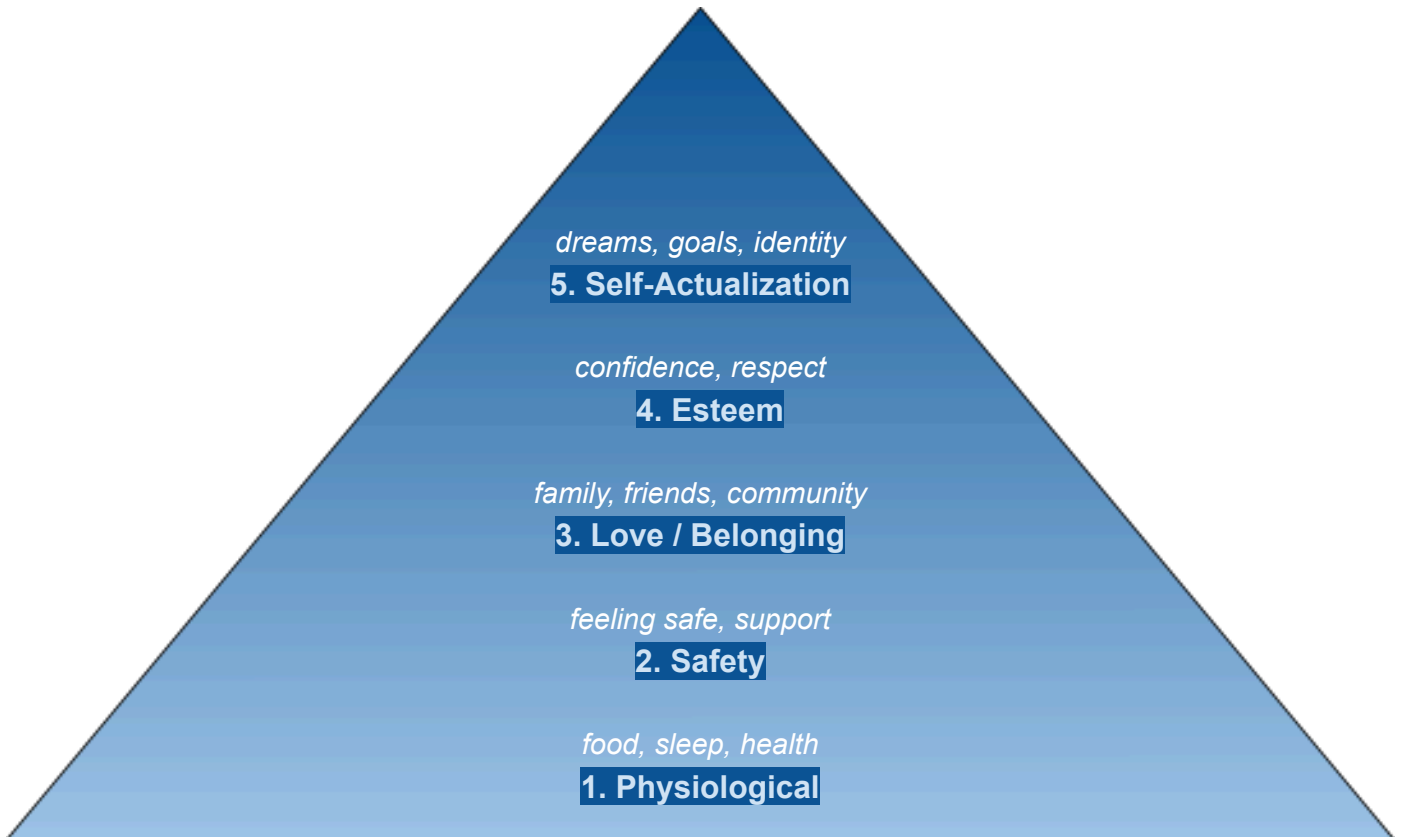
# Maslow's Pyramid of Needs

## Instructions:

Draw, write, or use stickers inside each level of the pyramid.  
What helps you feel safe, happy, and confident as a Deaf person?

You can use symbols, words, or pictures!

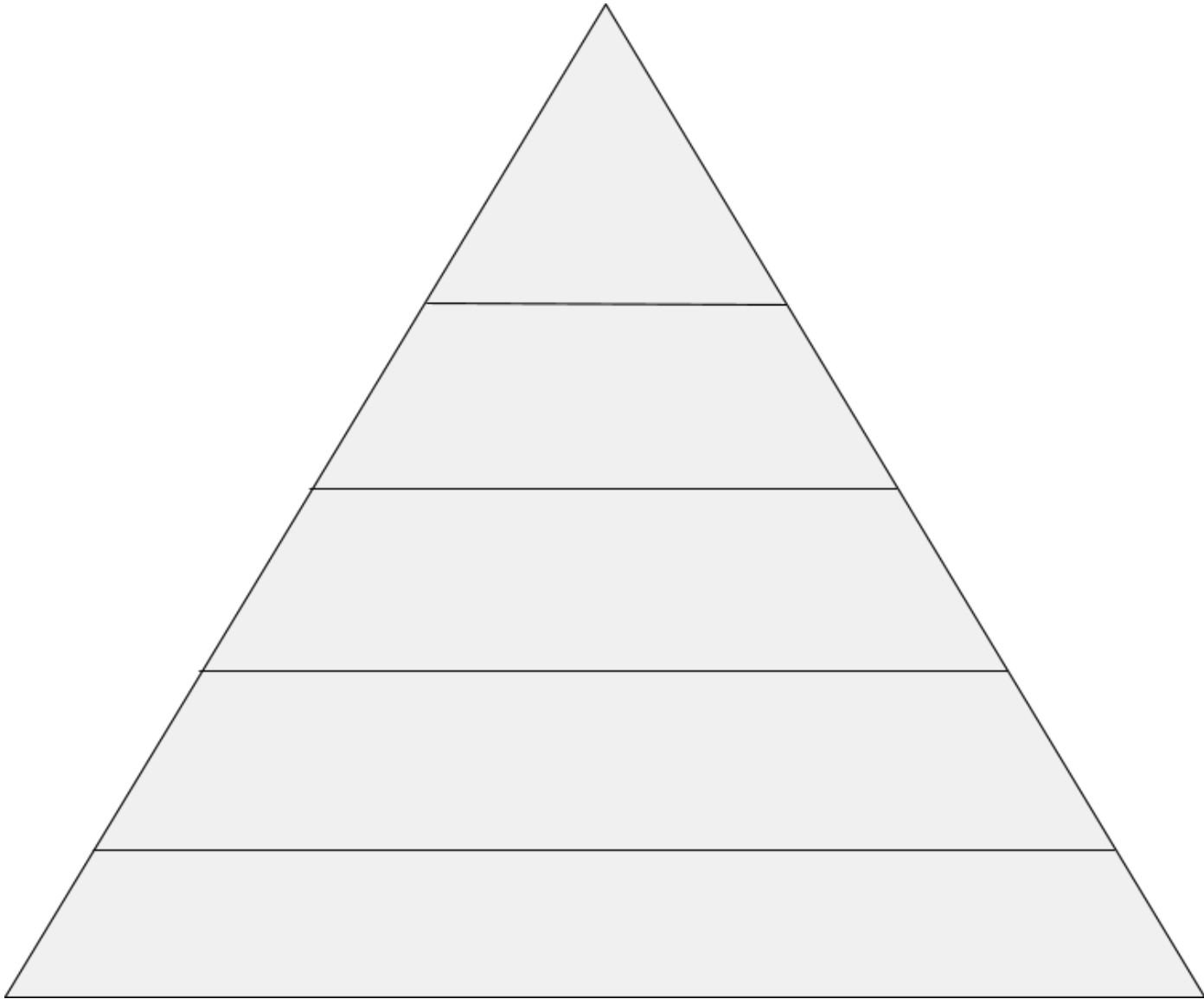
## Your Pyramid



### Ideas for Each Level:

- 1. Physiological:** food, water, rest, health, hearing aids/CI
- 2. Safety:** feeling safe at home/school, support, clear communication, no bullying
- 3. Love/Belonging:** friends, family, Deaf community, clubs, acceptance
- 4. Esteem:** feeling proud, being respected, achieving goals
- 5. Self-Actualization:** dreams, doing what you love, being your true self, helping others

Draw or write your own ideas in each level!



# Reflection Worksheet

After watching the video or story, think about these questions.  
You can draw, write, or use stickers in the boxes!

## 1. Identity Iceberg

What is “above the water” for this person? (What do people see?) - Draw or write here...

What is “below the water” for this person? (Hidden or deeper things) - Draw or write here...

## 2. Maslow’s Pyramid

Which needs are **easy** for this person? - Draw or write here...

Which needs are **hard** for this person? - Draw or write here...

### 3. Barriers & Supports

**What are some barriers (difficult things) for this person? - Draw or write here...**

**What are some supports (helpful things) for this person? - Draw or write here...**

### 4. Connect to Yourself

**Is there something in this story that is the same as your experience? - Draw or write here...**

**Is there something that is different from your experience? - Draw or write here...**